

Do You Have Stage IV/Metastatic Breast Cancer (MBC)?

MBC IS BREAST CANCER THAT HAS SPREAD BEYOND THE BREAST TO OTHER PARTS OF THE BODY, MOST COMMONLY THE BONES, LUNGS, LIVER, AND BRAIN

IF YOU'RE EXPERIENCING (OR CONCERNED ABOUT) TREATMENT-RELATED SIDE EFFECTS SUCH AS NAUSEA, FATIGUE, RASH, ETC. **YOU ARE NOT ALONE!**



A SURVEY¹ OF 1,221 PATIENTS WITH MBC FOUND THAT:



86% HAD AT LEAST ONE BAD TREATMENT-RELATED SIDE EFFECT

If you have side effects, speak with your doctor about ways to relieve them.

Your doctor may be able to:



- Prescribe medication for relief
- Adjust your dose
- Revise your treatment schedule
- Recommend a different treatment
- Suggest something else to make you feel better

YOU MAY START THE CONVERSATION WITH YOUR DOCTOR BY SAYING:



"We both want the same things"

"I want to have the longest possible life with the best possible Quality of Life"

"You want that for me too!"

"Let's work together to achieve this!"

YOU AND YOUR DOCTOR MAY WANT TO DISCUSS:

1. Your personal goals, wishes, and desires
2. Your general health situation (other illnesses/conditions)
3. History of side effects from other drugs
4. Current and past blood counts
5. Whether the disease is slow- or fast-growing
6. Whether any organs are severely affected, or the disease is in the brain
7. Your body mass index (level of body fat)
8. Affordability of medications to ease your side effects
9. If you need help at home, is anyone available?



NEVER change anything about your treatment on your own; always speak with your doctor!



¹Loeser, et al. ASCO Annual Worldwide Meeting, June 2021

Questions/Comments: Visit the Patient-Centered Dosing Initiative at TheRightDose.org or email info@TheRightDose.org



#TheRightDose

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